# MiraLAX

## Drug Facts

<table>
<thead>
<tr>
<th>Active ingredient (in each dose)</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polyethylene Glycol 3350, 17g (cap filled to line)</td>
<td>Osmotic Laxative</td>
</tr>
</tbody>
</table>

### Use
- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 1 to 3 days

### Warnings

#### Allergy alert:
Do not use if you are allergic to polyethylene glycol

#### Do not use if you have
- nausea, vomiting or abdominal pain
- a sudden change in bowel habits that lasts over 2 weeks
- irritable bowel syndrome

#### Ask a doctor before use if you are taking a prescription drug
- nausea, vomiting or abdominal pain
- a sudden change in bowel habits that lasts over 2 weeks
- irritable bowel syndrome

#### Ask a doctor or pharmacist before use if you are
- pregnant or breast-feeding
- have kidney disease, except under the advice and supervision of a doctor

### When using this product
You may have loose, watery, more frequent stools

### Stop use and ask a doctor if
- you have rectal bleeding or your nausea, bloating, cramping or abdominal pain gets worse. These may be signs of a serious condition.
- you get diarrhea
- you need to use a laxative for longer than 1 week

### If pregnant or breast-feeding
- ask a health professional before use.

### Keep out of reach of children
- In case of overdose, get medical help or contact a Poison Control Center right away.

### Directions

- do not take more than directed unless advised by your doctor
- the bottle top is a measuring cap marked to contain 17 grams of powder when filled to the indicated line (white section in cap)
- adults and children 17 years of age and older:
  - fill to top of white section in cap which is marked to indicate the correct dose (17g)
  - stir and dissolve in any 4 to 8 ounces of beverage (cold, hot or room temperature) then drink
  - use once a day
  - use no more than 7 days
- children 16 years of age or under: ask a doctor

### Other information

- store at 20°C-25°C (68°F-77°F)
- tamper-evident: do not use if foil seal under cap, printed with "SEALED for YOUR PROTECTION" is missing, open or broken

### Inactive ingredients
- none

### Questions or comments?
- 1-800 MiraLAX (1-888-647-2529)