



# MiraLAX<sup>®</sup> – Mix-In Pax

<b>Drug Facts</b>	
<b>Active ingredient (in each dose)</b>	<b>Purpose</b>
Polyethylene Glycol 3350, 17 g.....	Osmotic Laxative
<b>Use</b>	
<ul style="list-style-type: none"><li>relieves occasional constipation (irregularity)</li><li>generally produces a bowel movement in 1 to 3 days</li></ul>	
<b>Warnings</b>	
<b>Allergy alert:</b> Do not use if you are allergic to polyethylene glycol	
<b>Do not use</b> if you have kidney disease, except under the advice and supervision of a doctor	
<b>Ask a doctor before use if you have</b>	
<ul style="list-style-type: none"><li>nausea, vomiting or abdominal pain</li><li>a sudden change in bowel habits that lasts over 2 weeks</li><li>irritable bowel syndrome</li></ul>	
<b>Ask a doctor or pharmacist before use if you are</b> taking a prescription drug	
<b>When using this product</b> you may have loose, watery, more frequent stools	
<b>Stop use and ask a doctor if</b>	
<ul style="list-style-type: none"><li>you have rectal bleeding or your nausea, bloating, cramping or abdominal pain gets worse. These may be signs of a serious condition.</li><li>you get diarrhea</li><li>you need to use a laxative for longer than 1 week</li></ul>	
<b>If pregnant or breast-feeding</b> , ask a health professional before use.	
<b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away.	
<b>Directions</b>	
<ul style="list-style-type: none"><li><b>do not take more than directed unless advised by your doctor</b></li><li>adults and children 17 years of age and older:<ul style="list-style-type: none"><li>stir and dissolve one packet of powder (17 g) in any 4 to 8 ounces of beverage (cold, hot or room temperature) then drink</li><li>ensure that the powder is fully dissolved before drinking</li><li>do not drink if there are any clumps</li><li>use once a day</li><li>use no more than 7 days</li></ul></li><li>children 16 years of age or under: ask a doctor</li></ul>	
<b>Other information</b>	
<ul style="list-style-type: none"><li>store at 20° - 25°C (68° - 77°F)</li><li>tamper-evident: do not use if foil is open or broken</li></ul>	
<b>Inactive ingredients</b>	
none	
<b>Questions or comments?</b>	
1-800-MiraLAX (1-800-647-2529)	